

Activities in the  Ubaye

Winter season



# Ice skating



- Place: indoor ice rink/outdoor ice rink
- Equipment/gear: ice skates
- Verb: to go ice skating
- Verb: to rent/to hire ice skates

# Ice climbing



- Place – frozen waterfalls, glaciers
- Equipment/gear – ice tool, crampons, helmet, harness
- Verb – to go ice climbing

# Snowshoeing



- Place – snowshoe trails
- Equipment/gear – snowshoes
- Verb – to go snowshoeing
- Verb – to rent/to hire snowshoes

# Dog sledding



- Place – dog sledding center
- Equipment/gear – dog sled, musher
- Verb – to go dog sledding
- Verb – to reserve/to book in advance

# Sledding/sledging



- Place – sledding/sledging trails
- Equipment/gear – sled/sledge
- Verb – to go sledding/sledging
- Verb – to rent/hire a sled/sledge

# Alpine/downhill skiing



- Place – at a ski resort on a slope/run
- Equipment/gear: skis, poles/sticks, ski boots
- Verb – to go skiing
- Verb – to rent/hire skis



# Cross-country skiing



- Place – cross country ski center/nordic center
- Equipment/gear: cross country skis, poles/stick, boots
- Verb – to go cross country skiing
- Verb – to rent/hire cross country skis
- 2 types: cross country nordic style and skating

# Backcountry skiing

- Place – in the mountains
- Equipment/gear: backcountry skis, skins, adjustable poles, avalanche transceiver, probe, compact shovel
- Verb – to go backcountry skiing/ski touring

