

Activities in the  Ubaye

Winter season



Ice skating

- Verb: you go ice skating
- Place: You go ice skating in an indoor ice rink/outdoor ice rink
- Equipment/gear: you need ice skates



Ice climbing

- Verb – You go ice climbing
- Place – You go ice climbing on frozen waterfalls, glaciers
- Equipment/gear – You need an ice tool, crampons, a helmet and a harness



Snowshoeing



- Verb – You go snowshoeing
- Place – You go on snowshoe trails
- Equipment/gear – You snowshoes

Dog sledding



- Verb – You
- Place – You in a dog sledding center
- Equipment/gear – You a dog sled, a musher

Sledding/sledging

- Verb – You
- Place – You on sledding/sledging trails
- Equipment/gear – You a sled/ a sledge



Alpine/downhill skiing



- Verb – You
- Place – Youat a ski resort on a slope/run/piste
- Equipment/gear: Youskis, poles/sticks, ski boots

Cross-country skiing



- Verb – You
- Place – You in a cross country ski center/nordic center
- Equipment/gear: Youcross country skis, poles/stick, boots

Ski touring



- Verb – You
- Place – You in the mountains
- Equipment/gear: You backcountry skis, skins, adjustable poles, an avalanche transceiver, a probe, and compact shovel